

How parents can build, promote and gain a deeper understanding of secure attachments with their children

Committed to Childcare Conferences is excited to host their first webinar for parents: “How parents can build, promote and gain a deeper understanding of secure attachments with their children”

The webinar is suitable for all parents, carers, grandparents, extended family members and anyone who has a close relationship with children and young people. Everyone is welcome to participate in this webinar.

From the early years to teenage years, children and young people require a secure and safe base from where they can explore their world.

This is provided by parents, grandparents and extended family members who are available, dependable and responsive to their needs.

During this 90-minute webinar we will explore:

- Attachment from birth to 18 years.
- Attachment theory and the significant impact of positive attachment on the relationships and connection between you and your children.
- What a secure attachment system looks like and what it means to children and young people.
- Insecure attachments, symptoms of attachment disorder and the impact they have on the brain function of children and young people and how it relates to behaviour and social relationships.
- The need for strong attachment when children and young people are exposed to the impact of “big T” and “little t” trauma systems.
- The links between biology and behaviour, including a fundamental understanding of cognitive and biological self-regulation strategies.
- The Circle of Security – where are you on The Circle?

The knowledge that we will share with you throughout this presentation will assist you in ensuring that the best interventions and support systems are implemented for you and your child, as well as understanding why some well-intended interventions won't work.

Attachment provides a safe and secure base that remains important throughout the lifespan of all people. It allows us to assist our children to connect and regulate in times of challenge and plays an important role in developing adaptability and resilience.

Event details

Date: Thursday, 25 March 2021.

Time: 7pm to 8:30pm AEST. The webinar will be broadcast from near Sydney, Australia.

Price: \$50 per person, including GST.

Speaker: Heather Irvine-Rundle, clinical psychologist and director of The Read Clinic.

Location: Online webinar. Registered guests will receive an email with webinar details the week before.

Book tickets: <https://committedtochildcareconferences.com/how-parents-can-build-promote-and-gain-a-deeper-understanding-of-secure-attachments-with-their-children/>