

# Understanding and talking about mental health diagnosis in children from 3 to 11 years

Mental health diagnosis in children between the ages of 3 to 11 years are increasing. Diagnosing young children with mental health disorders is an area with many critics and controversies.

Many teachers, educators and support staff are often left wondering:

- What are the risk factors and warning signs of poor mental health in children?
- How can I build an effective and informed team of colleagues and other professionals that support a child, who has received a diagnosis within our educational setting?
- What are the possible causes and contributors to a particular diagnosis?
- What does this diagnosis really mean?

## Workshop details

This full-day workshop will open discussion on high prevalence disorders that children between 3 to 11 years are being diagnosed with and the impact of these disorders on the wellbeing of children. This will include:

- ADHD
- disruptive defiant disorders
- mood disorders
- anxiety
- other disorders.

It is often behaviours observed by teachers in the classroom that start the journey to diagnosis and intervention for children. Your commitment and that of your educational organisation play an important role in creating a secure and informed support team, that are focused on successful interventions and outcomes for children receiving a mental health diagnosis.

## Who is this full day of professional learning suitable for?

This workshop is suitable for teachers, educators and support workers who are seeking to improve their skills and confidence to work with children who have or will receive a mental health diagnosis.

During this full day workshop, you will have the opportunity to ask questions and seek clarification about any misconceptions.

This includes a better understanding of the diagnosis, interventions and support required for improved outcomes in your educational facility.

This workshop will contribute 4.5 hours of teacher's elective professional development, covering Australian Professional Standards for Teachers in areas 1, 4, 6 and 7.

## Workshop details

**Date:** Friday, 5 November 2021

**Time:** 9:15am to 2pm

**Location:** Ryde-Eastwood Leagues Club, 117 Ryedale Road, West Ryde

**Price:** \$240

**Find out more:** <https://committedtochildcareconferences.com/mental-health-diagnosis-in-children-conference-sydney-november-2021/>